

CORONAVIRUS

Coronavirus infection (hCov)

is an acute infectious disease that is caused by a virus and is characterized by moderately expressed intoxication with mainly the upper respiratory tract being affected. The cases when bronchi and lungs were affected were registered among children only. Coronavirus infection accounts for 4 to 20% of all acute respiratory viral infection cases.



As you may know, the number of people infected with the coronavirus keeps growing. According to the recent data, there have been **more than 80,000 cases** registered worldwide. In addition to China and other countries of the Asia-Pacific Region, the cases of coronavirus infection were registered in Iran, Italy and other countries.

In Russia, all coronavirus prevention measures are regulated by the documents of the Federal Service for Consumer Rights and Health Protection (Rospotrebnadzor).

Currently the definition of a suspected case of infection associated with the coronavirus (2019-nCoV) applies to people arriving to the Russian Federation from countries where the cases of coronavirus infection have been registered and having clinical signs of acute respiratory viral infections, as well as patients of infectious disease wards suffering from a severe or progressing

respiratory disease of unclear etiology, which has developed after foreign travel or after exposure to other people who returned after foreign travel to countries where cases of coronavirus infection have been registered.

Polymerase chain reaction (PCR) tests for the coronavirus disease are done at Rospotrebnadzor research institutions and at Hygiene and Epidemiology Centers of the Russian Federation.

Given that any acute respiratory disease may manifest symptoms that do not exclude the nature of a disease caused by coronavirus (2019-nCoV), at the stage of diagnostics primary health care (an outpatient visit, home visit, emergency medical service) could and should be provided within the framework of Voluntary Medical Insurance (VMI).

WHO ARE SUSPECTED OF HAVING THE CORONAVIRUS INFECTION

It is a mandatory requirement that for any patients who are suspected of having the coronavirus infection (2019-nCoV) a special patient routing outside the VMI system must be used: medical workers make arrangements for admission of such patients to particular

infectious disease hospitals in accordance with Order No.2 dated January 24, 2020 of the Chief Sanitary Officer of the Russian Federation "On additional measures to prevent the introduction and spread of the novel coronavirus infection caused by 2019-NCOV".

Further medical care is provided at the expense of the state budget in accordance with the procedure applicable to highly infectious diseases. The coronavirus infection (2019-nCoV) was added to the list of such diseases based on the RF Government Order No.66 dated January 31, 2020.

Please be reminded of basic personal protective measures:

- Keep your hands clean
- Be careful in crowded places, airports and other public transport systems. Don't touch any surfaces and objects there without need and don't touch your face
- Avoid going to markets, zoo and mass cultural events including animals
- Avoid eating raw or undercooked animal products
- Wear a mask, if necessary

If you are running a temperature / have a fever, coughing see a doctor, don't self-medicate.

